ACADEMIC COACHING FLOWCHART

**Walk-in Appointments**
Looking for information on academic success?

**Referral**
Did a professor, a tutor, or someone else suggest a visit?

**Disability Services**
How about skill building in connection with accommodations?

**Academic Probation**
Need to get back on track with academics?

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**Initial Meeting with Academic Coach**
The first appointment will be approximately 60 minutes and will allow time to meet with an Academic Coach to complete an initial assessment and discuss goals for academic success.

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**Complete Self-Assessment**

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**Academic Goals, Values, & Your Action Plan**
Together with an Academic Coach, talk about, plan, write, and decide on implementation strategies toward reaching academic success goals. Time will be spent discussing academic obstacles, strengths, values, and practices in order to create personal **Academic Action Plan**.

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**1:1 Coaching**

**Basic Skills**
- Study skills
- Organization & Time Management
- Reading Comprehension
- Assistive Technology

**Executive Skills**
- Academic Skill Refinement

**Workshops**
- Time Management
- Test-taking skills
- Note-Taking skills
- Goal Setting
- Managing Stress
- Research & Writing
- Critical Thinking
- Career Development
- Presentation skills

**Tutoring**
- Math
- Statistics
- Spanish
- Finance & Accounting
- English
- History
- Chemistry & Physics
- Biology
- Business

**Writing Tutor**
- Brain Storming
- Proofreading
- Paper Revision
- Creative Writing
- Resume Critique
- Scholarship Essay Review
- Application Review

**Disability Services**
**Accommodations such as:**
- Alternative Testing Formats
- Classroom Accommodations

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**Action Plan Follow-up**

Adapted from:

[Johnson & Wales University Center for Academic Support]